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Mission, Vision, Values, and Goals

What does it mean to live a good life? Oftentimes I question what that means to me in my own life. What does it even mean to be good? This is something that we are discussing in my senior capstone class for psychology. I think about the ways that I am living my life and how they are reflected in my actions, thoughts, and words. What does it mean to live this “good” life that we so often talk about? In this paper I will unpack my own mission, vision, values and goals in my life that show what that means for me to live a “good” life.

My mission in life is to glorify God in all that I do, that people around me would be able to recognize the fruit that my life produces and see something different in my life. This would be evident in my life by the way that I am to help others.

My vision in life is to have this next year of my life to be a year where I can figure out just exactly what it is that I need to do in this next season of my life. I see my life going in two ways over this next year. The first being that I would be living in San Diego with some friends from school and from back home and that I would spend time with them each day. I could see myself running a small business on the side and working very closely with some of my buddies down in San Diego to start up a coffee shop. My coffee shop would be a shop where people are able to hang out and just have good vibes. This shop would also have clothes, plants, candles, and food that would be sold alongside the coffee. I would like to be able to start my own business because this is something that I really enjoy and to have the ability to use this as a ministry opportunity to the people around me as well. To use the space that I have to host community groups or to host my friends or family. I see myself potentially having a girlfriend a

couple years down the road, I am not sure how that will look but hopefully all will end up well and I will be married by then. Then with my wife I will have my own family with a couple of kids as well. I see myself being able to hang out with my parents back in Orange County to spend quality time with them. For my spiritual life, I see myself spending time at Captivate church where I will be volunteering in youth ministry with my extra time, and I will spend time in a community group with some of my buddies that I will be living with. The second thing that I could potentially see myself doing is working here at Point Loma, I never really envisioned myself working here when I first started attending Point Loma as a freshman, but things have changed now. I would see myself working in a student development role on campus and potentially see myself working in ResLife on campus. I would work as an RD and work very closely with the SL+F faculty on campus and stay here for however long my contract goes on for. These are two of the ways that I see my life going forward at this point after college.

Some values that I have in my life are to be intentional with my relationship with God and that it would be the first thing that I value in life, although at times I may fail. The way that I uphold this is with the ways that I engage in spiritual disciplines everyday of reading the word, journaling, and in prayer. This is very important and a value that I hold very highly in life. The second thing that I have in my life are with the relationships that I have with the people around me, that I would be intentional and purposeful in what I ask people to do in life. I uphold this value in my life by grabbing a meal with my friends and asking them good questions. The other week my buddy Michael and I went and grabbed sushi together and were able to just live in community together as we spend intentional time with each other. Another value that I want to uphold in my life is my physical health and to take care of my body. It is so easy to lose track of my physical health, but I would take the time out of my life to take care of my value. I have

recently been staying active each day by playing sports, going surfing, or just going to the gym. I am in soccer class with Tim Hall which has been awesome, and I have been able to go surf or lift every other day or so. These have been ways that I have valued each of these things in my life.

Some of the goals that I will have in my life will be to have a house by the age of thirty and that it will be in Point Loma, San Diego. This is something that has been developed in my recent years as I started to live here in San Diego and has become something I really want to do. Being a house owner is something that I want to be able to say that I have achieved without the help of any other people. The second goal that I want to accomplish is to travel the country and to be someone who is able to say that he has traveled the world and experienced different cultures and different areas of the world also by the age of thirty. This is something that I have been wanting to do since I was a kid, and continually want to do so. My last goal is to be someone who is more intentional with the people around me and that I would spend time caring for my family and friends. The way that this will be measured is the amount of time that I set aside for these people that I care about, that I would not waste time on useless things that don't bring eternal value, but that now I would continue to lean into this for my life.

In conclusion, over the span of my mission, vision, values, and goals for my life. I see what my vision of the "good" life is for myself. What is a "good" life? I see that there are many things that I have planned for my life, of what it means for myself to live this "good" life. Goals and aspirations fill my time. but in reality, God is the one who is in control and the one who will ultimately dictate where I end up in life, and I will learn to trust in Him and Him alone.